INSTRUCTIONS
PHQ –9 SCORING TOOL

Score	Action
≤ 4	The score suggests that patient may not need depression treatment
≥ 5 – 14	Physician uses clinical judgment about treatment, based on patient's duration of symptoms and functional impairment.
≥ 15	Warrants treatment for depression, using antidepressant psychotherapy and/or a combination of treatment
	A functional health assessment is reflected in Question 3 on the PHQ–9, which asks the patient how emotional difficulties or problems impact work, things at home or relationships with other people. Patient responses can be one of four: not difficult at all, somewhat difficult, very difficult, or extremely difficult. A response of very difficult or extremely difficult suggests that the patient's functionality is impaired.